

# Drug Fact Sheet

## Danger ~ Heroin Mixed With Other Dangerous Substances



### Facts

- All drugs are potentially dangerous.
- A number of dangerous substances have been found in heroin purchased in NJ.
- Other dangerous drugs and substances are being sold as heroin.
- Drugs mixed into heroin or being sold as heroin have serious health risks.
- These risks include everything from lack of the expected effects to increased risk of overdose death.
- In 2015, there have been over **3,000** naloxone (NARCAN®) administrations, by EMS and law enforcement in New Jersey, to treat potential fatal overdoses.

### Prevention Recommendations

- **Don't do dangerous drugs by yourself** - Having a partner will increase the likelihood of surviving if you experience an unexpected medical condition.
- **Call for help** - Law enforcement will assist you and your friends in a medical emergency and you will not be arrested for possession of illicit drugs found at scene. (NJ Overdose Prevention Act)
- **Do not share hypodermic needles** or use previously used needles. Sharing hypodermic needles greatly increases the chance of contacting dangerous diseases and infections.

### Contaminants & Dangers

**Fentanyl/Acetyl Fentanyl** ~ Stops you from breathing. Greater risk of DEATH than heroin. 15-20 times stronger than heroin.

**Clenbuterol** ~ Tremors, anxiety, dangerously high heart rate, chest pain, dangerously high or low blood pressure.

**Methamphetamine** ~ Tremors, muscle cramps, clenching teeth (breaking teeth), fast heart rate, dangerously high temperatures.

**Cocaine** ~ Heart attack, stroke, tremors, anxiety, dangerously high heart rate, dangerously high or low blood pressure.

**Caffeine** ~ Tremors, anxiety, dangerously high heart rate, difficulty falling asleep, nausea and vomiting, increased urination; in some people difficulty urinating at all.

**Codeine** ~ Can stop you from breathing; some individuals are highly allergic to this drug.

**Meprobaramate** ~ Sleepy, trouble with activities that require you to be alert (driving, working); can stop you from breathing.

### Need Help

- Not Breathing** Call 911
- Need Immediate Medical Care** Call 911
- Need HIV testing** 1-800-624-2377
- Need Clean Needles** 1-800-624-2377
- NJ Drug & Poison Information** 1-800-222-1222
- NJ Addiction Services Hotline** 1-844-276-2777

For information on preventing abuse, recognizing those at risk, and finding treatment, go to the GCADA statewide awareness campaign [KnowAddiction.nj.gov](http://KnowAddiction.nj.gov).