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## Program Summary Sheet

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**Title** Too Good for Drugs & Violence (High School)

**CSAP Strategy** Education

**Risk Factors Addressed** Family History of Alcoholism/Drug Abuse;  
Favorable Attitude toward Drug Use,  
Early First Use,  
Greater influence by and reliance on peers than parents

**Evidence-Based Program/  
Principles** SAMHSA Model Program, CSAP, OJJDP

| Program     | Audience      | Lesson Length     |
|-------------|---------------|-------------------|
| High School | Grades 9 - 12 | 10(1hour) lessons |

**Program Services Include** One pre-program consultation with administration;  
10 Classroom/group lessons for a maximum of 25 youth;  
Pre/post surveys, educational materials, personalized certificates and  
evaluation summary.

### Summary

Too Good for Drugs & Violence High School is a comprehensive prevention education program for grades 9-12 designed to equip students with the knowledge, skills and attitudes they need to remain safe and drug free. Based on the renowned research of Hawkins and Catalano's Risk and Protective Factors and the Search Institute's 40 Developmental Assets, the program promotes bonding, develops essential life skill and established positive, violence and drug-free norms through engaging, scripted lessons focusing on: goal setting; decision making; managing emotions; communicating effectively; bonding and relationships; anger management; conflict resolution; respect for self and others; effective communication.

### Learning Objectives

1. Develop and increase social skills such as communication and assertiveness.
2. Develop and increase personal skills such as self-esteem and stress management.
3. Gain an increased awareness of the ATOD health risks.
4. Learn skills to help make smart and healthy life long decisions.