Program Summary Sheet

Title: Seeing is Believing

CSAP Strategy: Education

Risk Factors Addressed:
- Early First Use;
- Favorable Attitude toward Drug Use,
- Availability of ATOD

Evidence-Based Program/
Principles:
NIDA Prevention Principles #2, 3, 4, 8, 9, 15 and 16

<table>
<thead>
<tr>
<th>Program</th>
<th>Audience</th>
<th>Lesson Length</th>
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<tbody>
<tr>
<td>Seeing is Believing</td>
<td>Grades 6th – 8th</td>
<td>3 (1hour) lessons</td>
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Program Services Include:
- One pre-program consultation with administration;
- 3 classroom/group lessons for a maximum of 25 children;
- Lessons tailored to age/grade level;
- Pre/post surveys, educational materials, personalized certificates and evaluation summary.

Summary:
These three, one hour lessons include interactive dialogue between participants and facilitator, hands-on activities and role-playing. Utilizing the Fatal Vision goggles, students will experience the effects of alcohol and other drugs on their ability to perform tasks.

Learning Objectives:
1. Examine the effects of alcohol on the brain and body systems.
2. Examine decision-making skills and gain a better understanding regarding school, community and family norms that promote favorable attitudes regarding the abuse of alcohol.
3. Interpret media and social influences that promote favorable attitudes towards the abuse of alcohol.
4. Explore alternatives to the use of alcohol and develop a personal "non-use message”.

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